

Schedule 2018

	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
7:30 am	Private Pilates 7:30 am - 2:30 pm	Intermediate Reformer FULL	Private Pilates 7:30 am - 2:30 pm	Private Pilates 7:30 am - 2:30 pm	Private Pilates 7:30 am - 2:30 pm		
8:00 am						Beginner Reformer FULL	
8:30 am		Intermediate Reformer FULL	Intermediate Mat				
9:00 am	Beginner Reformer FULL					Pilates Advanced FULL	
9:30 am					Intermediate Reformer FULL		
10:00 am							
11:30 am				over 50 Pilates Matwork			
12:00 pm			Intermediate Reformer FULL				
12:30 pm							
1:00 pm							
1:30 pm							
2:00 pm							
2:30 pm							
4:30 pm							
5:30 pm	Advanced Mat FULL						
6:30 pm							
6:45 pm							
7:00 pm							
7:45 pm				Adult Ballet Level 2 FULL			
8:00 pm							